

NAME: \_\_\_\_\_



## Confirmation Service Journal

"It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving." - SAINT Mother Teresa of Calcutta

**This Act of Service fulfilled:**

(Circle A Number):

Family  
1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup>

Community  
1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup>

Parish/Church  
1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup>

\_\_\_\_\_  
Signature of Site Supervisor

(Or an adult who saw you complete the service)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date of Service

\_\_\_\_\_  
Service Location

1. What did you do for your Act of Service? Be specific.
2. Why did you choose to do this Act of Service?
3. On a scale of **1 (easy)** -**10 (challenging)** how challenging was this service project for you? \_\_\_\_\_
4. What was easy about this Act of Service? What was challenging about this Act of Service?
5. **Look on the back of this form.** Was this act of service one of the Works of Mercy? YES NO  
(circle one)  
If yes, which Work of Mercy was it? \_\_\_\_\_
6. What impact did your service make on **OTHERS**? **If you don't know the impact you made on others, then ask them! "I don't know" is NOT an acceptable answer.**
7. What impact did your service make on **YOU**? (How did it help you grow as a Christian?)
8. What talents, gifts, or skills did you use during this service project? **In other words**, what did **YOU GIVE** that others may not be willing or able to give? (Physical, mental, emotional, etc.)

## **Corporal Works of Mercy**

### **Feed the Hungry**

Community: • Gleaner Food Truck  
• Love Inc • Soup Kitchen • Food Pantry

Church: • Make dinner for a parishioner in need  
• Coffee & Doughnuts

Family: • Make dinner

### **Give Drink to the Thirsty**

Community: • Provide drinks for a 5K race

Church: • Coffee & Doughnuts

Family: • Make coffee for parents

### **Clothe the Naked**

Community: • Donate clothes from closet

Church: • Contribute to Haiti ministry

Family: • Help with laundry  
• Help younger siblings get dressed

### **Shelter the Homeless**

Community: • Love Inc • Habitat for Humanity

Church: • Contribute to Haiti ministry

Family: • Help sibling clean room • Help with house cleaning/ yardwork • Babysit for free

### **Care for the Sick**

Community: • Visit a Nursing Home  
• Visit a family member or friend who is sick

Church: • Visit a parishioner who is ill and doesn't get many visitors.

Family: • Care for a sick family member

### **Visit the Imprisoned**

Community: • Visit a Nursing Home

Church: • Visit a homebound parishioner

Family: • Visit a relative who doesn't get many visitors or who can't leave the house

### **Bury the Dead**

Community: • Pick up trash at a cemetery

Church: • Altar serve for a funeral  
• Help with funeral luncheon

Family: • Care for a loved one's grave

## **Spiritual Works of Mercy**

### **Instruct the Ignorant**

Community: • Tutor someone

Church: • Vacation Bible School  
• Children's Liturgy of the Word

Family: • Help sibling with homework

### **Counsel the Doubtful**

Community/Church/Family:  
• Help someone solve a personal problem

### **Admonish the Sinner**

Community/Church/Family:  
• Stand up to a bully

### **Bear Wrongs Patiently**

Community/Church/Family: • Make a list of negative qualities of a person, then for every negative thing, write down one positive thing about that person. Share the positive list with that person!

### **Forgive Offences Willingly**

Community/Church/Family: • Write a letter of forgiveness to someone who has hurt you.

### **Comfort the Afflicted**

Community/Church/Family: • Do something thoughtful for someone who needs comfort

### **Pray for the Living and the Dead**

Community: • Pray a rosary for the biggest problem in your school right now

Church: • Altar Serve • Adoration • Pray for the intentions written in the book of intentions

Family: • Pray a rosary for a deceased family member

### **Other Service to Consider:**

• Parish Festival – August 10 & 11  
• Be a Greeter at Mass

**Contact Mellan Hansen for more info about Parish Festival. 616-842-0001 ext 120**