

NAME: _____



Confirmation Service Journal

"It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving." - SAINT Mother Teresa of Calcutta

This Act of Service fulfilled:

(Circle A Number):

Family
1st 2nd 3rd

Community
1st 2nd 3rd

Parish/Church
1st 2nd 3rd

Signature of Site Supervisor

(Or an adult who saw you complete the service)

_____/_____/_____
Date of Service

Service Location

1. What did you do for your Act of Service? Be specific.
2. Why did you choose to do this Act of Service?
3. On a scale of **1 (easy)** -**10 (challenging)** how challenging was this service project for you? _____
4. What was easy about this Act of Service? What was challenging about this Act of Service?
5. **Look on the back of this form.** Was this act of service one of the Works of Mercy? YES NO
(circle one)
If yes, which Work of Mercy was it? _____
6. What impact did your service make on **OTHERS**? **If you don't know the impact you made on others, then ask them! "I don't know" is NOT an acceptable answer.**
7. What impact did your service make on **YOU**? (How did it help you grow as a Christian?)
8. What talents, gifts, or skills did you use during this service project? **In other words**, what did **YOU GIVE** that others may not be willing or able to give? (Physical, mental, emotional, etc.)

Corporal Works of Mercy

Feed the Hungry

Community: • Gleaner Food Truck
• Love Inc • Soup Kitchen • Food Pantry

Church: • Make dinner for a parishioner in need
• Coffee & Doughnuts

Family: • Make dinner

Give Drink to the Thirsty

Community: • Provide drinks for a 5K race

Church: • Coffee & Doughnuts

Family: • Make coffee for parents

Clothe the Naked

Community: • Donate clothes from closet

Church: • Contribute to Haiti ministry

Family: • Help with laundry
• Help younger siblings get dressed

Shelter the Homeless

Community: • Love Inc • Habitat for Humanity

Church: • Contribute to Haiti ministry

Family: • Help sibling clean room • Help with house cleaning/ yardwork • Babysit for free

Care for the Sick

Community: • Visit a Nursing Home
• Visit a family member or friend who is sick

Church: • Visit a parishioner who is ill and doesn't get many visitors.

Family: • Care for a sick family member

Visit the Imprisoned

Community: • Visit a Nursing Home

Church: • Visit a homebound parishioner

Family: • Visit a relative who doesn't get many visitors or who can't leave the house

Bury the Dead

Community: • Pick up trash at a cemetery

Church: • Altar serve for a funeral
• Help with funeral luncheon

Family: • Care for a loved one's grave

Spiritual Works of Mercy

Instruct the Ignorant

Community: • Tutor someone

Church: • Vacation Bible School
• Children's Liturgy of the Word

Family: • Help sibling with homework

Counsel the Doubtful

Community/Church/Family:
• Help someone solve a personal problem

Admonish the Sinner

Community/Church/Family:
• Stand up to a bully

Bear Wrongs Patiently

Community/Church/Family: • Make a list of negative qualities of a person, then for every negative thing, write down one positive thing about that person. Share the positive list with that person!

Forgive Offences Willingly

Community/Church/Family: • Write a letter of forgiveness to someone who has hurt you.

Comfort the Afflicted

Community/Church/Family: • Do something thoughtful for someone who needs comfort

Pray for the Living and the Dead

Community: • Pray a rosary for the biggest problem in your school right now

Church: • Altar Serve • Adoration • Pray for the intentions written in the book of intentions

Family: • Pray a rosary for a deceased family member

Other Service to Consider:

- Parish Festival
- Be a Greeter at Mass